

*We would like to thank the following
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this booklet together:*

*Clark County UW-Extension
Clark County Public Health Department
Clark WIC Program
Memorial Medical Center
Clark County Schools*

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Clark County Nutrition Coalition*

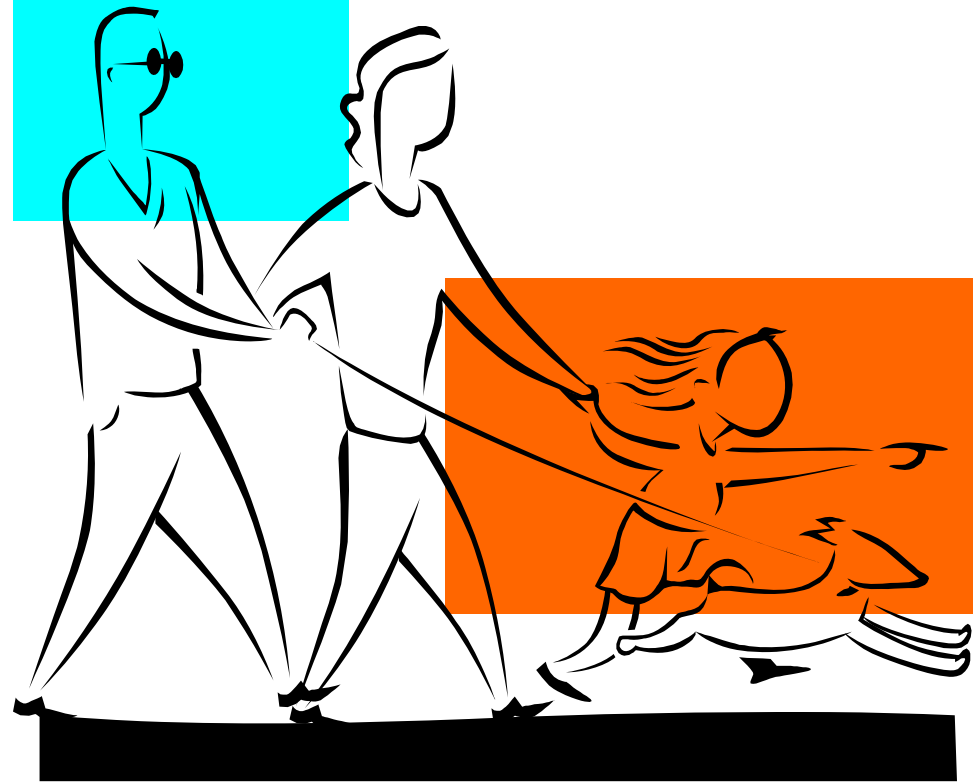
*Please give us your feedback regarding the
Clark County Healthy Resource Guide.*

*Go to
<http://www.surveymonkey.com/s/QTWF9>
to complete the short three question survey.*

We appreciate your input

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CLARK COUNTY HEALTH RESOURCE BOOK



A GUIDE TO A HEALTHIER YOU!

ABBOTSFORD

Grocery Stores

County Market

206 N 4th Street, Abbotsford
715-223-2378

Monday—Sunday

6:00 a.m.—12:00 a.m.

- *Fresh fruits / vegetables*
- *Accepts WIC / Foodshare*

Convenience Stores

Abbotsford BP

601 S 4th Street, Abbotsford
715-223-1802

Monday—Thursday, Saturday

5:00 a.m.—12:00 a.m.

Friday and Sunday

5:00 a.m.—12:30 p.m.

- *Apples, Oranges, Pears, Bananas, Tangerines*

ABBOTSFORD

Farmers Market

Abbotsford Farmers Market
1011 E Spruce Street, Abbotsford

June 2—October 26
Tuesdays
2:00—6:00 p.m.

- *Fruits / Vegetables*
- *Accepts WIC / Senior Checks*

Fruits & Vegetable Stands / U-Pick

Kelsey Gardens
304 N 1st Street, Abbotsford
715-223-3732

May 1—November 14
Monday—Friday
9:30 a.m.—4:00 p.m.

- *Fruits and Vegetables*

WITHEE

Convenience Stores

Hene Supply
N14704 French Town Ave, Withee
715-229-4530

Business Hours:
Monday—Friday
7:00 a.m.—5:30 p.m.
Saturday
7:00 a.m.—4:00 p.m.

Fruit and Vegetable Stands / U-Pick

Central WI Produce Auction
N14676 County Road O, Withee
715-229-4838

Wednesday and Friday
May—October
10:00 a.m.—until gone

- *Fruits and Vegetables*

WILLARD

Fruit and Vegetable Stands / U-Pick

Self Serve

W7792 Dove Road, Willard

June until frost
no set hours

- *Fruits and Vegetables*

North Mound Greenhouse

N9141 County Road G, Willard

June until frost
no set hours

- *Fruits and Vegetables*

ABBOTSFORD

Elderly Nutrition Program Clark County Department of Aging 1-866-743-5144

(Congregate and home delivered meals to folks age 60 and older)

Green Vista Apartments
310 E Pint Street, Abbotsford
715-223-8900

Monday—Friday
11:30 a.m.

Exercise / Fitness Centers

Abbotsford School (Community Workout Gym**)
510 W Hemlock Street, Abbotsford
715-223-2386

Saturdays
8:00 a.m.—11:00 a.m.

Sundays
6:00 p.m.—8:00 p.m.

Cost:

Residents

\$100.00 (yearly per person)
\$150.00 (yearly for family)
\$50.00 (yearly for senior citizens)
\$75.00 (yearly for senior citizens family)

Non-Residents

\$400.00 (yearly per person)
\$600.00 (yearly for family)
\$250.00 (yearly for senior citizens)
\$375.00 (yearly for senior citizens family)

Must be over 18 to use Community Gym

COLBY

Convenience Stores

Harmony County Co-op
702 S Division Street, Colby
715-223-2440

Monday—Thursday
5:00 a.m.—12:00 a.m.
Friday
5:00 a.m.—10:00 p.m.
Saturday and Sunday
6:00 a.m.—10:00 p.m.

- *Apples, Oranges, Bananas*

Super 29 Shell
1210 N Division Street, Colby
715-223-6788

Open 24 hours 7 days a week

- *Apples, Bananas*

THORP

Farmers Markets

Thorp Farmers Market
118 N Washington Street, Thorp
(Garrison Park)

June 25—October 1
Wednesdays
12:00—5:00 p.m.

- *Fruits and Vegetables*
- *Accepts WIC / Senior Checks*

Martin's Produce
W9206 Pine Road, Thorp

June 27—September 30
Monday
12:00—8:00 p.m.
Tuesday—Saturday
8:00 a.m.—8:00 p.m.

Exercise / Fitness Centers

Thorp Fitness Center
110 N Washington Street, Thorp
715-669-5944

Monday—Friday
4:30 a.m.—12:00 a.m. (midnight)
Saturday—Sunday
7:00 a.m.—7:00 p.m.

THORP

Food Pantry / Food Bank

St. Bernard's / St. Hedwigs Catholic Church
(located at Senior Center)
109 N. Church Street, Thorp
715-669-5526

Elderly Nutrition Program Clark County Department of Aging 1-866-743-5144

(Congregate and home delivered meals to folks age 60 and older)

Senior Center
116 N Washington Street, Thorp
715-669-5566

Monday—Friday
11:45 a.m.

COLBY

Food Pantry / Food Bank

Zion Lutheran Church
301 N 2nd Street, Colby
715-223-2166

Colby/Unity/Abbotsford/Curtiss/Dorchester Community United Pantry
301 N 2nd Street, Colby
715-223-2747

Tuesdays
9:00—11:00 a.m.

- *Fresh produce available*

Fruit & Vegetable Stands / U-Pick

Warren's Berry Farm
N12545 HiLine Ave, Colby
715-223-1590

June—August
no set hours

- *Strawberries, Blueberries*

St. Mary's c/o Lesa Hawkey
205 S 2nd Street, Colby

Friday
8:00 a.m.—5:30 p.m.

- *Fruits and Vegetables*

COLBY

Elderly Nutrition Program Clark County Department of Aging 1-866-743-5144

(Congregate and home delivered meals to folks age 60 and older)

Midget City Apartments
303 Lieders Street, Colby
715-223-4195

Monday—Thursday
11:30 a.m.

THORP

Grocery Stores

Thorp Super Valu
110 West Prospect Street, Thorp
715-669-5507

Monday—Friday
7:00 a.m.—9:00 p.m.

Saturday
7:00 a.m.—6:00 p.m.

Sunday
7:30 a.m.—5:00 p.m.

- *Fruits and Vegetables*
- *Accepts WIC / Foodshare*

Convenience Stores

Thorp BP
101 W Hill Street, Thorp
715-669-7444

Monday—Sunday
5:00 a.m.—12:00 a.m.

- *Apples*

SPENCER

Food Pantry / Food Banks

The Kings Pantry

101 Wendt Street (Highway 13), Spencer
715-659-4052

Mondays

10:00 a.m.—2:00 p.m.

- *Chicken, Hamburger, Ham, Canned Goods*

COLBY

Exercise / Fitness Centers

Snap Fitness (24/7 gym)

604C N Division Street, Colby
715-223-8100

Back to Bliss (wellness spa)

608 N Division Street, Colby
715-897-6825

Monday, Tuesday, Wednesday and Friday

9:00 a.m.—11:00 a.m.

3:00 p.m.—6:00 p.m.

Thursday

9:00 a.m.—11:00 a.m.

3:00 p.m.—8:00 p.m.

Saturday

9:00 a.m.—11:00 a.m.

Also available by appointments

Colby High School (running track and pool)

715-223-2338

The track is open anytime.

Pool is only open on Wednesdays from 5:00 p.m.—8:00 p.m. for swimming lessons and aerobics during school months. As of right now there isn't a schedule set for community swimming during the summer months.

CURTISS

Convenience Stores

Abbyland Travel Center
219 Plaza Drive, Curtiss
715-223-6666

Monday—Sunday
Open 24 hours

- *Apples*

Fruit & Vegetable Stands / U-Pick

Cloverdale Country Store
N13731 County Road E, Curtiss
715-223-4797

Tuesday and Thursday
8:00 a.m.—6:00 p.m.

Wednesday
8:00 a.m.—8:30 p.m.

- *Fruits and Vegetables (during growing season)*

Self Serve
W2347 Krause Road, Curtiss
715-654-5063

May through October
no set hours

- *Vegetables*

SPENCER

Grocery Stores

Spencer Supervalu
1110 S Pacific Street, Spencer
715-659-5561

Sunday—Saturday
6:00 a.m.—10:00 p.m.

- *Fruits and Vegetables*
- *Accepts WIC / Foodshare*

Convenience Stores

Kwik Trip
404 S Pacific Street, Spencer
715-659-2335

Sunday—Thursday
5:00 a.m.—11:00 p.m.

Friday—Saturday
5:00 a.m.—12:00 p.m. (midnight)

- *Cherries, Bananas, Cantaloupe, Watermelon, Pineapple, Grapes, Pears, Apples, Oranges, Peaches, Mixed Fruit Cups, Carrots, Onions, Potatoes, Salads, Veggie Trays (broccoli, cauliflower, and carrots)*

OWEN

Fruit and Vegetable Stands / U-Pick

Pinedale Variety and Produce
N12423 County Road P, Owen

June 15—October 31

Monday—Friday

7:00 a.m.—7:00 p.m.

Saturday

9:00 a.m.—5:00 p.m.

- *Fruits and Vegetables*

Exercise / Fitness Centers

Company Store Fitness
200 W 3rd Street, Owen
715-229-0200

Hours

All day, every day

Cost

DORCHESTER

Convenience Stores

Heartland Co-op Services
N16097 State Highway 13, Dorchester
715-654-5559

Monday—Saturday

6:00 a.m.—10:00 p.m.

Sunday

7:00 a.m.—9:00 p.m.

- *Bananas*

Elderly Nutrition Program
Clark County Department of Aging
1-866-743-5144

(Congregate and home delivered meals to folks age 60 and older)

Dorchester Village Hall
188 S 2nd Street, Dorchester
715-654-5203

Monday—Friday

12:00 p.m. (noon)

GRANTON

Grocery Stores

Roger's Grocery

223 Maple Street, Granton
715-238-7440

Monday—Friday

8:00 a.m.—6:00 p.m.

Saturday

8:00 a.m.—2:00 p.m.

Sunday

9:00 a.m.—12:00 p.m.

- *Fruits and Vegetables*
- *Accepts WIC / Foodshare*

Convenience Stores

Granton Convenience Store

N4461 County Road K, Granton
715-238-7972

Monday—Friday

6:00 a.m.—10:00 p.m.

Saturday and Sunday

5:30 a.m.—10:00 p.m.

- *Apples, Bananas, Oranges, Potatoes*

Food Pantry / Food Bank

Granton Methodist Church
326 S Main Street, Granton
715-238-7517

OWEN

Elderly Nutrition Program

Clark County Department of Aging

1-866-743-5144

(Congregate and home delivered meals to folks age 60 and older)

Senior Center

112 E 5th Street, Owen

715-229-4567

Monday—Friday

11:30 a.m.

Farmers Markets

Owen Farmers Market

3rd Street, Owen

(by Friends of Old School)

June 12—October 30

Saturdays

2:00—5:00 p.m.

- *Fruits and Vegetables*
- *Accepts WIC senior checks*

OWEN

Grocery Stores

Scott and Lori's Family Foods
307 W 3rd Street, Owen
715-229-2148

Monday—Friday
7:30 a.m.—7:00 p.m.

Saturday
7:30 a.m.—6:00 p.m.

Sunday
8:00 a.m.—1:00 p.m.

- *Fruits and Vegetables (locally grown when available)*
- *Accepts WIC / Foodshare*

GRANTON

Fruits & Vegetable Stands / U-Pick

Pine Creek Produce
W2569 Pine Creek Road, Granton

Monday—Saturday
June until frost
no set hours

- *Fruits and Vegetables*

Fremont Produce
W1730 Fremont Road, Granton

Monday—Saturday
June until frost
no set hours

- *Fruits and Vegetables*

Fairview Produce
W1011 State Highway 10, Granton

Monday—Saturday
June until frost
9:30 a.m.—6:30 p.m.

- *Fruits and Vegetables*

GRANTON

Fruits & Vegetable Stands / U-Pick (continued)

Mayflower Bulk Foods & Furniture
W2332 State Highway 10, Granton
715-238-7988

Monday—Friday
9:00 a.m.—5:30 p.m.
Saturday
9:00 a.m. —4:30 p.m.

- *Fresh Fruits and Vegetables (during the growing season)*

Exercise / Fitness Centers

Granton High School (Swimming Pool)

NEILLSVILLE

Exercise / Fitness Centers

Curves
216 Sunset Place, Neillsville
715-743-2343

Summer Hours:
Monday—Thursday
6:00 a.m.—10:30 a.m.
3:30 p.m.—6:00 p.m.
Friday
6:00 a.m.—10:30 a.m.

School Year Hours:
Monday—Friday
6:00 a.m.—10:30 a.m.
3:30 p.m.—6:00 p.m.

Cost:
\$40.00 (monthly)

AKF Martial Arts
521 Hewett Street, Neillsville
715-743-6540

NEILLSVILLE

Exercise / Fitness Centers

Neillsville High School (Swimming Pool)
401 Center Street, Neillsville
715-743-2400 (Neillsville Recreation Department)

Monday—Wednesday—Friday
Lap Swimming 6:00—7:00 a.m.
Monday—Friday, Sunday
Open Swim 1:30—4:00 p.m.
Monday and Wednesday
Exercise Swim 3:15—4:14 p.m.
Tuesday and Thursday
Open Swim 6:30—8:15 p.m.
Tuesday and Thursday
Adults Only 5:30—6:30 p.m.

Cost:

\$1.75 (daily)
\$25.00 (monthly—individual)
\$35.00 (monthly—family)

Neillsville High School (Weight Room)
401 Center Street, Neillsville
715-743-2400 (Neillsville Recreation Department)

Summer Hours:

Monday—Wednesday—Friday
8:00 a.m.—10:00 a.m.
3:30 p.m.—5:30 p.m.

No Charge

GREENWOOD

Grocery Stores

Mayville Market
315 S Main Street, Greenwood
715-267-7238

Monday—Friday
7:00 a.m.—8:00 p.m.
Saturday
8:00 a.m.—8:00 p.m.
Sunday
8:00 a.m.—5:00 p.m.

- *Fruits and Vegetables (locally grown when available)*
- *Accepts WIC / Foodshare*

Convenience Stores

Kwik Trip
206 N Main Street, Greenwood
715-267-7149

Monday—Thursday
5:00 a.m.—11:00 p.m.
Friday
5:00 a.m.—12:00 a.m.
Saturday
6:00 a.m.—12:00 a.m.
Sunday
6:00 a.m.—11:00 p.m.

- *Cherries, Bananas, Cantaloupe, Watermelon, Pineapple, Grapes, Pears, Apples, Oranges, Peaches, Mixed Fruit Cups, Carrots, Onions, Potatoes, Salads, Veggie Trays (broccoli, cauliflower, and carrots)*

GREENWOOD

Food Pantry / Food Bank

Greenwood City Hall
102 N Main Street, Greenwood
715-267-6205

Elderly Nutrition Program Clark County Department of Aging 1-866-743-5144

(Congregate and home delivered meals to folks age 60 and older)

Black Riverview Apartments
312 N Reese Street, Greenwood
715-267-6308

Monday—Friday
11:30 a.m.

Farmers Markets

Greenwood Farmers Market
230 E Schofield Street , Greenwood
(George Scherer Athletic Park)

June 1—October 30
Wednesdays
2:00—6:00 p.m.

- *Fruits and Vegetables*
- *Accepts WIC / Senior Checks*

NEILLSVILLE

Exercise / Fitness Centers

Living Well Health and Fitness Center
W3657 Maple Road, Neillsville
715-743-2483

Summer Hours:

Monday—Friday
6:00 a.m.—6:00 p.m.

Saturday
8:00 a.m.—12:00 p.m.

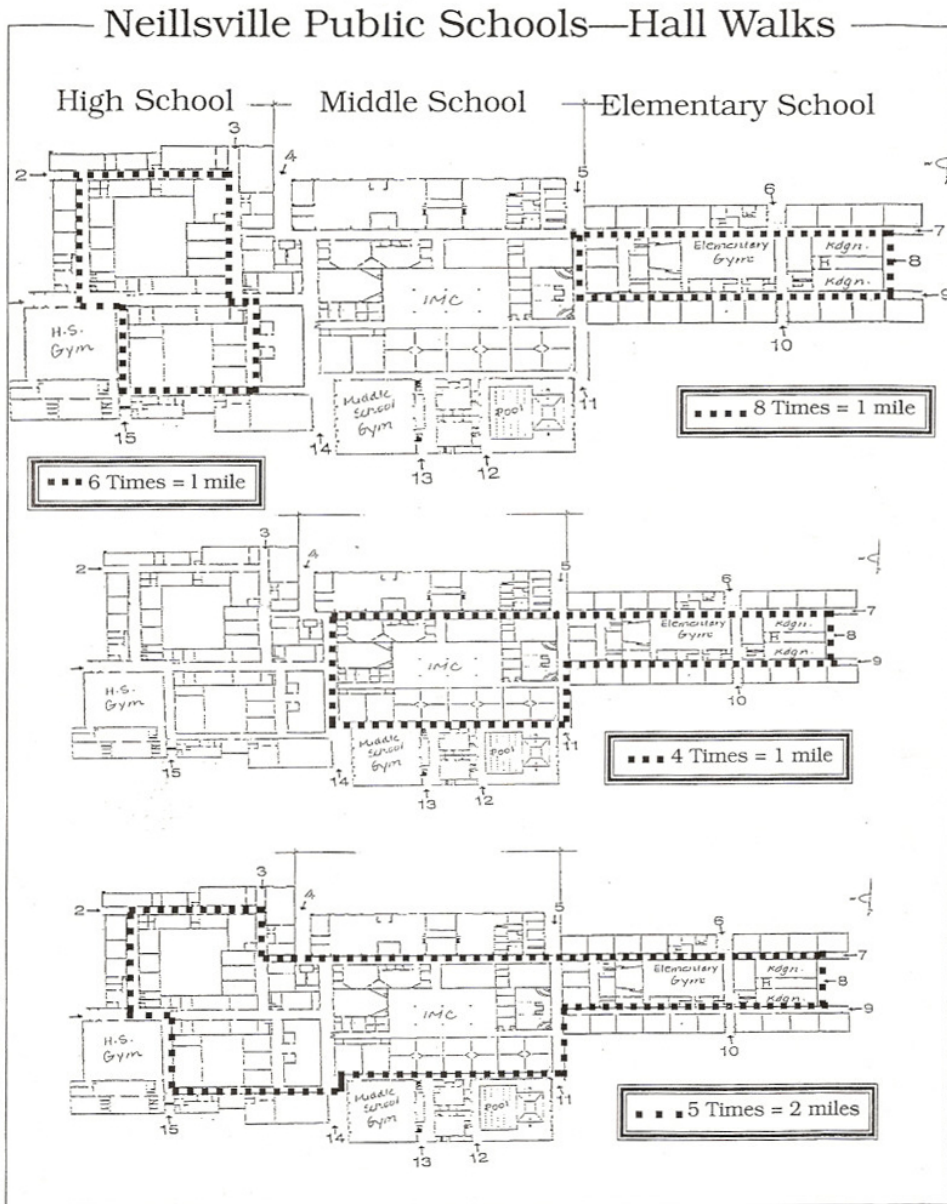
Winter Hours:

Monday—Friday
6:00 a.m.—8:00 p.m.

Saturday
8:00 a.m.—12:00 p.m.

Cost:

\$35.00 (monthly)
\$200.00 (6 months)
\$385.00 (annually)
\$5.00 (daily after 1 month membership)



Fruit and Vegetable Stands / U-Pick

Four Sprouts Veggies

N7537 State Highway 73, Greenwood
715-267-7118

June 15—October 31

Sunday—Saturday

9:00 a.m.—7:00 p.m.

- *Vegetables*

Self Serve

N10178 County Road O, Greenwood

May until frost

no set hours

- *Vegetables*

Self Serve

W5093 State Highway 98, Greenwood

June until frost

no set hours

- *Fruits and Vegetables*

HUMBIRD

Elderly Nutrition Program
Clark County Department of Aging
1-866-743-5144

(Congregate and home delivered meals to folks age 60 and older)

Tourist Haven
N2994 State Highway 12, Humbird
715-964-1057

Monday—Friday
11:30 a.m.

NEILLSVILLE

Recreational Areas

Levis / Trow Mound

N1589 Fisher Ave, Neillsville, WI 54456
715-743-5140 / 1-888-CLARKWI
www.co.clark.wi.us

Mountain Bike Trails

Individual Daily Pass	\$5.00
Individual Season Pass	\$25.00
Family Season Pass	\$50.00

Cross Country Ski Trails

Individual Dairy Pass	\$8.00
Individual Season Pass	\$40.00
Family Season Pass	\$80.00

No fees for Hiking, Snow-Shoeing

Wildcat Mound

County Trunk B (west of Neillsville)
(hiking trails)

Schuster Park

Skateboarding and Tennis
Sunday—Saturday
8:00 a.m.—10:00 p.m. (weather permitting)

Neillsville Ice Skating Rink (hockey rink)

Sunday afternoon open skate

Neillsville Arboretum

(hiking trail)

NEILLSVILLE

Fruit and Vegetable Stands / U-Pick

Panther Creek Produce

W5461 Panther Creek Road, Neillsville

June 1—October 31

Fridays (or by appointment)

9:00 a.m.—5:00 p.m.

Paradise Gardens

W4001 Ash Road, Neillsville

July 1—September 30

Sunday –Saturday

9:00 a.m.—8:00 p.m.

Self Serve

N5416 State Highway 73, Neillsville

June until frost

no set hours

- *Fruits and Vegetables*

Self Serve

W5519 County Road H, Neillsville (Christie)

June until frost

no set hours

- *Fruits and Vegetables*

LOYAL

Convenience Stores

Kwik Trip

100 S Main Street, Loyal

715-255-9909

Sunday—Thursday

5:00 a.m.—11:00 p.m.

Friday—Saturday

5:00 a.m.—12:00 p.m.

- *Cherries, Bananas, Cantaloupe, Watermelon, Pineapple, Grapes, Pears, Apples, Oranges, Peaches, Mixed Fruit Cups, Carrots, Onions, Potatoes, Salads, Veggie Trays (broccoli, cauliflower, and carrots)*

Food Pantry / Food Banks

Loyal Community Food Pantry

108 E South Street, Loyal

715-255-9213

Monday—Thursday

9:00 a.m.—12:00 p.m.

- *Fresh Produce*

LOYAL

Elderly Nutrition Program
Clark County Department of Aging
1-866-743-5144

(Congregate and home delivered meals to folks age 60 and older)

Hometown Village Apartments
500 N Division Street, Loyal
715-743-5144

Monday—Friday
12:00 p.m. (noon)

Farmers Markets

Loyal Farmers Market
139 N Main Street, Loyal

June 1—end of growing season

Tuesdays
2:00—6:00 p.m.

Saturdays
8:00 a.m.—12:00 p.m.

- *Fruits and Vegetables*
- *Accepts WIC / Senior Checks*

NEILLSVILLE

Elderly Nutrition Program
Clark County Department of Aging
1-866-743-5144

(Congregate and home delivered meals to folks age 60 and older)

Senior Center
602 Oak Street, Neillsville
715-743-3177

Monday—Friday
11:45 a.m.

Farmers Market

Neillsville Farmer Market
Town Hall Square
400 Hewett Street, Neillsville

June 15—October 31

Saturdays
8:00 a.m.—12:00 p.m.

- *Fruits and Vegetables*
- *Accepts WIC / Senior Checks*

NEILLSVILLE

LOYAL

Convenience Stores

Kwik Trip

815 Hewett Street, Neillsville
715-743-6110

Sunday—Saturday
Open 24 hours

- *Cherries, Bananas, Cantaloupe, Watermelon, Pineapple, Grapes, Pears, Apples, Oranges, Peaches, Mixed Fruit Cups, Carrots, Onions, Potatoes, Salads, Veggie Trays (broccoli, cauliflower, and carrots)*

Food Pantry / Food Bank

Neillsville Food Pantry (Job Center)

501 Hewett Street, Neillsville
715-743-4631

Clark County Department of Aging (for the elderly)

517 Court Street, Neillsville
715-743-5144

Indianhead Community Action Agency

538 Hewitt Street, Neillsville

Monday, Tuesday, Thursday, and Friday

8:30 a.m.—4:30 p.m.

Wednesday

8:30 a.m.—7:00 p.m.

Saturday (first one of each month)

9:00 a.m.—1:00 p.m.

- *Food Pantry*
- *Emergency Assistance*
- *Thrift Store*

Fruit & Vegetable Stands / U-Pick

Things That Grow

W1150 State Highway 98, Loyal
715-255-8090

Monday—Saturday

May until frost

8:00 a.m.—8:00 p.m.

- *Fruits and Vegetables*

Self Serve Stand

W3357 State Highway 98, Loyal

June until frost

no set hours

- *Vegetables*

LOYAL

Exercise / Fitness Centers

Fun Fitness LLC

201 N Main Street, Loyal
715-255-9999

Monday—Friday

5:30 a.m.—10:00 a.m.

2:30 p.m.—6:30 p.m.

Cost:

\$35.00 (monthly)

Loyal High School

NEILLSVILLE

Grocery Stores

Hansen's IGA

305 W. 5th Street, Neillsville
715-743-3865

Sunday—Saturday

7:00 a.m.—9:00 p.m.

- *Fruits and Vegetables*
- *Accepts WIC / Foodshare*

Marty's Foods

302 E Division Street, Neillsville
715-743-4651

Monday—Saturday

7:00 a.m.—9:00 p.m.

Sunday

8:00 a.m.—7:00 p.m.

- *Fruits and Vegetables (locally grown when available)*
- *Accepts WIC / Foodshare*