



The Grapevine

January 2022

President's Message

Happy New Year. I wish I could say that COVID is behind us but unfortunately that is not the case. Hope you are all staying well.

With that said, we are in the planning stage of HCE day event. A lot of people said they liked the night during the week version last year, so we thought to try it again this year. We will have a speaker and the cultural arts judging with light refreshments. Let me hear from you if you would rather have a Saturday with classes. My number is 715-255-8307 or contact another board member. Please we want to hear from you before February 1st board meeting.

How are you doing on your cultural arts projects? Time for that is coming fast.

Nancy will present an educational program "Making Physical Activities Fun." It will be a project lesson for everyone on Monday, January 17th, at 11:00 a.m. at the Loyal City hall. Let's make it a club thing, not just a leader training session. There is work in planning, so let's have a good turn out to make it worthwhile.

That's all for now, stay warm.

President Lois Becker

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Growing Stronger, Reaching Wider, Caring To Make A Difference

HCE Offers Opportunities For:

- *Learning in a social setting.*
- *Sharing what we learn.*
- *Caring to make a difference in our homes, communities, and the world.*

Executive Board Meeting Minutes

January 4, 2022

HCE Executive Board Meeting Minutes
January 4, 2022

The meeting was called to order at 6:00 pm by President Lois Becker. The Flag Pledge and Creed were recited. Members present were: Lois Becker-President, Joanne Trunkel-VP for Program & Community Outreach, Roberta Hansen-Secretary, Betty Loos-Historian, Mary Kip-Marketing/Membership Coordinator; present by telephone: Debra Gries-Treasurer.

The Secretary minutes from August 2021 meeting read and placed on file. The Treasurer's report was reviewed.

Monday, January 17th, 11:00 am Loyal City Hall, Nancy Vance will hold a project presentation – Making Physical Activity Fun – Getting More Active.

Discussed having another project presentation in February related to Heart Health. Will need to look into this more.

Director Reports:

Bookworm: Lois Becker read thank you from UWEx which included a \$50.00 Bookworm donation in honor of Mary Luchterhand.

HCE Event: Discussed hold event in April. Possible date Thursday, April 21st. Location to be determined. Discussed ideas for guest speaker, bring additional ideas to February meeting. Discussed donation collection ideas and who we would sponsor this year. Will discuss further at February meeting.

International/Citizenship: Donated items were dropped off.

Cultural Arts: Will start looking for judges for HCE Event. Remind everyone to get working on Cultural Arts items that will be judged at HCE Event.

Committee Reports:

Scholarship: Will offer 4 - \$500.00 scholarships again this year.

Continued Business/New Business:

Working on Quilt for Farm Technology Days fundraising raffle. Discussed having booth in Family area at Farm Tech Days and what we would do with that area.

Will be making Quilts again for Marshfield Health System. More discussion at next meeting.

2022 State Conference will be held in Onalaska. Planning Committee working on this.

Next meeting will be February 1st, location TBD.

Motion to adjourn by Joanne Trunkel, second by Mary Kip. The meeting was adjourned at 6:45pm.

Respectfully submitted,
Roberta Hansen, Secretary

January 2022

Clark County HCE Grapevine

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Making Physical Activity Fun

Did you make a New Year's Resolution to get more active in 2022?

Clark County Home and Community Educators (HCE) will be offering the educational program *Making Physical Activity Fun* to help you reach your goal. The one-hour class taught by UW-Extension is on Monday, January 17th at 11:00 a.m. at the Loyal City Hall.

The class will help you identify reasons why you are motivated to start regular exercise, master habits that will help you be more successful in following through on regular exercise, and formulate strategies to overcome barriers.

For more information please call the Extension office at 715-743-5121.



Quilt for Farm Tech Days

HCE will be making a quilt that will be raffled off at a fundraiser for Farm Tech Days 2022. More details to follow.

