



**March 2023**

## **President's Message**

Spring should be coming soon. Enjoy the extra daylight in the evening.

How are your cultural arts projects coming along? The contest is April 20<sup>th</sup> at the HCE day event at Trinity Lutheran Church in Loyal at 6:00 pm. Also remember to bring your items for Interfaith Caregivers. Let's have a good collection.

If anyone is interested in going to the West District meeting on April 17<sup>th</sup> there is still time to let me know.

Reminder of the four (4) \$500 scholarships given out. Let people know.

We are still looking for a vice-president, two people for the cultural arts committee and three people on the international committee. Please think about taking a job and becoming more involved with HCE. The committees are three year terms and you move up to chairman the third year.

Looking forward to seeing many of you in April on the 20th.

Your President,  
Lois Becker

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Included separately:  
Cultural Arts Form

### ***Growing Stronger, Reaching Wider, Caring To Make A Difference***

*HCE Offers Opportunities For:*

- *Learning in a social setting.*
- *Sharing what we learn.*
- *Caring to make a difference in our homes, communities, and the world.*

# Executive Board Meeting Minutes

## March 7, 2023

The meeting was called to order at 6:04 pm by President Lois Becker with the Flag Pledge and the Homemakers Creed. Members present were: Lois Becker-President, Betty Loos-Historian, Mary Kipp-Marketing/Membership, Roberta Hansen-Secretary, Peggy Friske-Scholarship Committee Chair, Peggy Buchda-Scholarship Committee; present by telephone: Debra Gries-Treasurer.

The Secretary minutes from February 7, 2023 meeting were read and placed on file. The Treasurer's report was read and placed on file.

### Director Reports:

Vice President for Family and Community Outreach: Still need someone to fill this position.

Dairy Bar: No report.

Bookworm: Received 15 sets of bi-lingual books.

HCE Day Coordinator: Have selected Jackie Carattini as our speaker. Event will be held Thursday, April 20, 2023 at 6:00pm at the Trinity Lutheran Church in Loyal. Still looking into some form of entertainment for this evening.

### Committee Reports:

Historian: Nothing to report. Will report at HCE Event.

Marketing: Will write up HCE event ad for the papers.

Cultural Arts: Judges have been selected for the Cultural Arts entry judging at HCE Event. Cultural Arts pink registration sheet was published in the Grapevine.

International/Citizenship: Still need members for this committee. We will be collecting items needed by Interfaith Caregivers – Neillsville; list was published in the Grapevine.

Scholarship: Posters have been placed around the county. Advertising in the papers should be coming out soon.

### Continued Business/New Business:

Thank you was received from Marshfield Clinic Foundation for the quilts that were donated.

Received music scores for the Homemakers Creed and the Homemakers Prayer.

Fall West District Meeting will be October 9, 2023, Trinity Lutheran Church in Loyal. Debra Gries will talk about her trip to Africa. Working on meal options for the meeting.

The meeting was adjourned at 6:55 pm with the Homemakers Prayer.

Respectfully submitted,  
Roberta Hansen, Secretary



## Upcoming Events

Do you know someone who is in post secondary school and looking for an internship? Do you have a grandchild who enjoys event planning, education and/or marketing!?

Clark County Extension has a 4-H internship opportunity for summer 2023!

Check out the job description at:

<https://www.clarkcountywi.gov/employment>

### HCE Day Event

Date: Thursday April 20th

Time: 6:00 pm

Location: Trinity Lutheran Church  
201 N West St., Loyal, WI

Strong Bodies has a new class in Granton!

Classes will begin on March 20th and will run Mondays and Thursdays, 11:00 am–12:00 pm, for 10 weeks! Cost will be \$20. Classes will be held at the Zion Lutheran Church in Granton. Feel free to share with any family or friends that may be interested in joining!

To register or for more information, please call the Clark County Extension office at 715-743-5121.

Also, if you or someone you know would be interested in attending a Strong Bodies class in Stanley, please contact the Extension office. We are looking to see if there is more interest out there, so please let us know!

## Interfaith Caregivers Collection List for HCE Day 2023

Clark County HCE is once again collecting items for Interfaith Caregivers at the HCE Day Event on April 20th at Trinity Lutheran Church in Loyal.

If you are able to, please bring any of the listed items to the HCE Day Event on April 20th.

Thank you!

- Window cleaner
- SOS pads
- Dish rags
- Laundry soap (smaller bottles)
- Dish soap
- Hand soap (bars or liquid)
- Paper towel
- Kleenex
- Wipes
- Small paper plates
- Hand lotion
- Shampoo and conditioner
- Deodorant (men's or women's)
- Hard candy (regular or sugar free)
- Large print puzzle books
- Writing paper/tablets

## **HCE Spring West District Meeting**

The Adams County Home and Community Education Association invites you to the HCE Spring West District Meeting to be held on Monday April 17, 2023 at the Trinity Lutheran Church, Arkdale. Registration with beverages and light refreshments will be from 9:30 – 10:00 AM. The meeting will begin at 10:00 AM.

Our day will start with a general business meeting, followed by a choice of one morning breakout session, then a delicious salad and dessert noon luncheon will be provided. After a short break will be our afternoon keynote speaker and Clark County's invitation to the Fall District meeting will finish out a spring day filled with learning and camaraderie with HCE friends.

We look forward to you hearing our keynote speaker Marilyn Hermann, Waupaca County HCE, whose topic will be "The Life & Legacy of Our First Ladies". The choice of a morning breakout session from the following will be: Quilts of Valor, Why We Need at Least 8 Hugs a Day, A Home Grown National Park, or Delicious & Nutritious: Enjoying Healthy Food Choices That Taste Great. Registrants attend only one breakout session.

Breakout sessions that are being offered that you may choose from are:

1. Quilts of Valor (QOV) - What is a QOV and Why Are They Important
2. Why We Need at Least 8 Hugs a Day
3. Home Grown National Park—Creating a Natural Oasis at Home
4. Delicious & Nutritious—Enjoying Healthy Food Choices that Taste Great

If you are interested in attending the HCE Spring West District Meeting, please contact Lois Becker at 715-255-8307 or [beckjl46@gmail.com](mailto:beckjl46@gmail.com) and give her your first and second choice of breakout sessions by March 20th.

# Crunchy Chili Lime Shrimp

## Ingredients

- 2 pounds uncooked shrimp (26-30 per pound), peeled and deveined
- 4 garlic cloves, minced
- 1 teaspoon paprika
- 1 teaspoon ground ancho chile pepper
- 1 teaspoon ground cumin
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1 medium lime
- 1 cup crushed tortilla chips
- 1/4 cup chopped fresh cilantro
- 1/4 cup olive oil
- 1 cup cherry tomatoes, halved
- 1 medium ripe avocado, peeled and cubed
- Optional: additional lime wedges and cilantro



## Directions

1. Preheat oven to 425°. Place the first 7 ingredients in a greased 15x10x1-in. pan. Finely grate zest from lime. Cut lime crosswise in half; squeeze juice. Add zest and juice to shrimp mixture; toss to coat.
2. In a small bowl, combine crushed chips, cilantro and oil; sprinkle over shrimp mixture. Bake until shrimp turn pink, 12-15 minutes. Top with tomatoes and avocado. If desired, serve with additional lime wedges and cilantro.

Recipe and picture are from: <https://www.tasteofhome.com/collection/spring-dinner-ideas/>



## Bow Ties with Gorgonzola Sauce

### Ingredients

- 1 package (16 ounces) bow tie pasta
- 1 package (16 ounces) bulk pork sausage
- 2 tablespoons butter
- 2 tablespoons all-purpose flour
- 1-1/2 cups half-and-half cream
- 3/4 cup crumbled Gorgonzola cheese
- 3/4 teaspoon salt
- 1/2 teaspoon lemon-pepper seasoning
- 4 cups fresh spinach, lightly packed
- 3 tablespoons minced fresh basil



### Directions

1. Cook pasta according to package directions. Drain; return to pan. Meanwhile, in a large skillet, cook sausage over medium heat until no longer pink, 4-6 minutes, breaking into crumbles; drain.
2. In a small saucepan, melt butter over medium heat. Stir in flour until smooth; gradually whisk in cream. Bring to a boil, stirring constantly; cook and stir until thickened, 1-2 minutes. Remove from heat. Stir in cheese, salt and lemon pepper. Add cheese sauce, sausage and spinach to hot pasta; toss to combine. Sprinkle with basil.

Recipe and picture are from: <https://www.tasteofhome.com/collection/spring-dinner-ideas/>