

## 4-H Foods Revue 2024

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City and Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Grade: \_\_\_\_\_

4-H Club: \_\_\_\_\_

Email: \_\_\_\_\_

**Cloverbuds (K – 2<sup>nd</sup> grade)**

1. Simple Food
2. Simple Beverage

**Explorers (3<sup>rd</sup> – 4<sup>th</sup> grade)**

3. Simple Breakfast Item
4. Simple Cold Lunch Item
5. Simple Bar or Cookie (3)
6. Microwave Snack

**3<sup>rd</sup> – 5<sup>th</sup> grade**

7. Salad
8. Main Dish
9. Dessert (not cookies or bars)
10. Any Bread

**6<sup>th</sup> – 8<sup>th</sup> grade**

11. Salad
12. Main Dish
13. Dessert
14. Any Bread
15. Dish Made in Crockpot/Slow Cooker

**9<sup>th</sup> grade and older**

16. Brunch
17. Dinner
18. Party
19. Food for a Special Need  
(i.e. low fat, high iron,  
high fiber, low calories, etc.)

Dept. 25 Class DD	Lot #	Description

**BE SURE TO INCLUDE YOUR RECIPES WITH YOUR REGISTRATION!**

**REGISTRATIONS ARE DUE JUNE 23.**

Send completed form to:

Extension Clark County  
 Attn: Foods Revue  
 517 Court Street, Room 104  
 Neillsville, WI 54456

Fax: 715-743-5129  
 Email: ClarkCounty4H@co.clark.wi.us

My recipe contains possible food allergens (check all that apply):

Milk  
 Eggs  
 Peanuts  
 Peanut Butter  
 Fish  
 Shellfish  
 Tree Nuts  
 Wheat  
 Soy