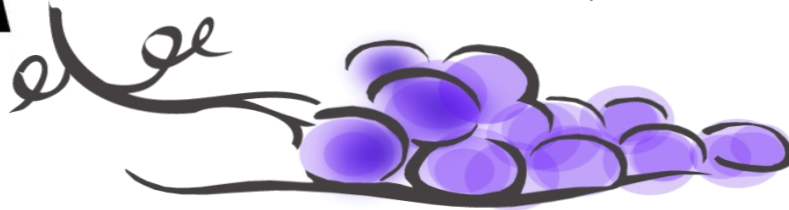




# The Grapevine



**November 2024**

## President's Message

The temperature is getting cooler. We sure have had a great fall. Sort of looking forward to winter and a little white stuff.

We have gotten good news from the Marshfield Clinic Oncology department that they would gladly accept our comfort size quilts. So we are back to making them, 40 x 60 or they will also take tied fleece ones. Will try for a tying bee quilt day in January.

Anyone with ideas for HCE day, please let us know. Also do a survey in your club, if we were to have a Saturday morning or during the evening, when and if you would come. We would be doing the cultural arts judging at this time. Please let me know the results of your survey.

Count your blessings this Thanksgiving and have a Merry Christmas. See you in January..

Lois Becker, President

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### ***Growing Stronger, Reaching Wider, Caring To Make A Difference***

*HCE Offers Opportunities For:*

- *Learning in a social setting.*
- *Sharing what we learn.*
- *Caring to make a difference in our homes, communities, and the world.*

# Meeting Minutes

## HCE Executive Board Meeting Minutes November 12, 2024

The meeting was called to order at 6:00 pm at the Greenwood Firehall by President Lois Becker with the Flag Pledge and the Homemakers Creed. Members present were: Lois Becker-President, Joanne Trunkel-VP for Program & Community Outreach, Mary Kipp-Marketing/Membership, Betty Loos-Historian, Roberta Hansen-Secretary, Peggy Buchda-Bookworm, present by telephone: Debra Gries-Treasurer.

The Secretary minutes from August 20, 2024 meeting were read and placed on file. The Treasurer's report was read, discussed several changes and then placed on file.

### **Director Reports:**

**Vice President for Family and Community Outreach:** Marshfield Clinic Oncology/Hematology would be extremely happy to accept our quilts.

**Dairy Bar:** Still looking at final expenses to be paid, so do not have the final figures yet. Will have by next meeting.

**Bookworm:** All books have been distributed. Some of the readers have already started reading. Working on writing grants/completing applications for funding for next year. Peggy spoke at Lions meeting and they have decided to make Bookworm a Zone project for the next year. This will help the Bookworm Program serve additional children in Clark County. The Bookworm brochure has been updated to better describe the program.

**HCE Day:** Need to come up with ideas for HCE Day Event. Need to decide if we should have the event on a weeknight or on Saturday. Need to talk to our clubs/members and find out which would be better. We are looking at a date sometime in early April.

### **Committee Reports:**

**Historian:** None. Lois will get a list of new members to Mary.

**Marketing:** None. Bring ideas for projects/guest speakers to next meeting.

**Cultural Arts:** None.

**International/Citizenship:** Need to decided who/what we will sponsor for our next HCE Day Event.

**Scholarship:** Working on updating the scholarship application. Discussed scholarship amounts and numbers. Motion by Joanne Trunkel to keep the number of scholarships at 4 but increase the dollar amount to \$750.00 each.

### **Continued Business/New Business:**

Board Christmas Party – December 17<sup>th</sup>, 5:00 pm to 5:30 pm at Apple Valley Road Haus& Event Center in Neillsville. Peggy will handle the reservations.

Update any information for the 2025 member booklets.

The meeting was adjourned at 7:45pm.

Respectfully submitted,  
Roberta Hansen, Secretary



## State Conference Update

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The 2024 State HCE Conference is over and was another successful and enjoyable event.

There were 332 items entered in the cultural arts contest from around the state, 10 of which came from Clark County. We did quite well again. Deb Ortner received a blue on her afghan, reds on her prayer shawl, table runner, and pillow, and a white on her Christmas stocking. Mary Nauretz received a blue on her denim bag. Roberta Hansen received a blue on her wool snowman picture. Lois Becker received a red on her diamond dot picture and Joanne Trunkel received blues on her iris folding cards and coiled rope basket. Congratulations Ladies!

Hopefully this will encourage some of you to enter something in our county cultural arts contest, with a chance to go on to the State meeting.



# UPCOMING CLARK COUNTY EVENTS



Extension

UNIVERSITY OF WISCONSIN-MADISON  
CLARK COUNTY

## Strength Training Class StrongBodies

LIFTING PEOPLE TO BETTER HEALTH



STRONGBODIES

### Benefits of Strength Training:

- ◆ **Reduced risk for chronic diseases:**
  - ◆ Diabetes
  - ◆ High Blood Pressure
  - ◆ Heart Disease
  - ◆ Osteoporosis
  - ◆ Arthritis
  - ◆ Some Cancers
- ◆ **Increased:**
  - ◆ Strength
  - ◆ Muscle mass
  - ◆ Bone density

**What: 8 Week Strength Training Class**

**When: Tuesday & Thursday Starting January 7th- 9:30-10:30 AM  
(Last Class February 27th)**

**Where: Colby Senior Center**

**510 W Wausau St Colby, WI**

**Suggested Contribution: \$20**

Please contact the UW-Extension office to register.

517 Court Street, Room 104

Neillsville, WI 54456

Phone: 715-743-5121