

4-H Foods Revue 2025

Name: _____

Address: _____

City and Zip: _____

Phone Number: _____ Grade: _____

4-H Club: _____

Email: _____

Cloverbuds (K – 2nd grade)

- 1. Simple Food
- 2. Simple Beverage

Explorers (3rd – 4th grade)

- 3. Simple Breakfast Item
- 4. Simple Cold Lunch Item
- 5. Simple Bar or Cookie (3)
- 6. Microwave Snack

3rd – 5th grade

- 7. Salad
- 8. Main Dish
- 9. Dessert (not cookies or bars)
- 10. Any Bread

6th – 8th grade

- 11. Salad
- 12. Main Dish
- 13. Dessert
- 14. Any Bread
- 15. Dish Made in Crockpot/Slow Cooker

9th grade and older

- 16. Brunch
- 17. Dinner
- 18. Party
- 19. Food for a Special Need
(i.e. low fat, high iron,
high fiber, low calories, etc.)

Dept. 25 Class DD	Lot #	Description

BE SURE TO INCLUDE YOUR RECIPES WITH YOUR REGISTRATION!

REGISTRATIONS ARE DUE FEBRUARY 28.

Send completed form to:

Extension Clark County
 Attn: Foods Revue
 517 Court Street, Room 104
 Neillsville, WI 54456

Fax: 715-743-5129
 Email: ClarkCounty4H@co.clark.wi.us

My recipe contains possible food allergens (check all that apply):

- Milk
- Eggs
- Peanuts
- Peanut Butter
- Fish
- Shellfish
- Tree Nuts
- Wheat
- Soy